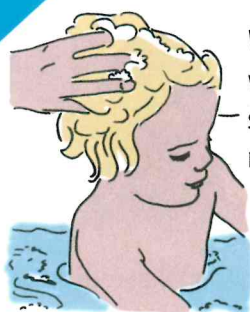




## The Bug Busting Method to detect and clear lice without special chemicals

Wash, rinse, condition and Bug Buster comb, will leave the lice without a home! Bug Buster Help Line: 01908 561928

1



Wash the hair with ordinary shampoo as you normally do.

Protect the eyes.  
Rinse.



2

Put on **lots** of ordinary conditioner...

...either **sitting upright**, with the cape on...



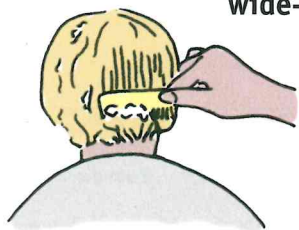
...or **bowed over a sink**...

...whichever is most comfortable.

Leave the conditioner in the hair.

3

Untangle and straighten the hair using the **wide-tooth comb**.

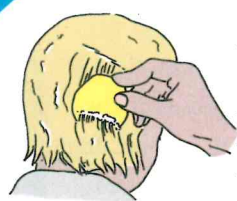


When the comb moves freely...



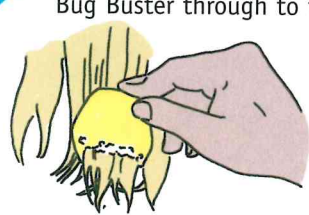
4

...switch to the **yellow Bug Buster**. Ensure the words printed on the comb (hold this side towards the scalp) are facing the scalp. Slot the teeth into a section of hair, right at the roots, touching the scalp gently.



5

Keep gentle contact with the scalp as long as possible. Draw the Bug Buster through to the tips of the hair.



On a young child, use a mini Bug Buster.

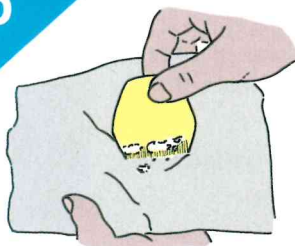


On older children and adults, use the yellow maxi Bug Buster if preferred.

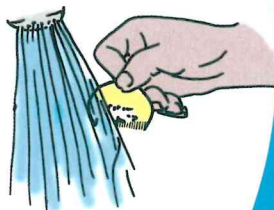
6

Soaking-wet lice stay still; even baby lice cannot escape the Bug Buster. Check the comb for lice in the foam between each stroke:

☛ ☛ ☛ ☛ (life size)



Remove any lice by wiping both sides of the Bug Buster on kitchen paper...



...or rinsing under a running tap.

Put paper with lice into a plastic bag.

7

Work over the head methodically combing each section several times. When lice appear in the foam, clean the comb before the next stroke. Comb this section again until the Bug Buster comes through louse-free, then move on to the next section. If necessary spray the hair regularly with warm water to keep it wet.

8



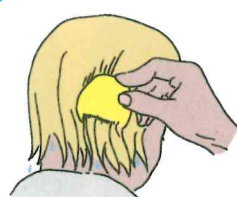
Rinse the hair well. Leave it dripping wet. Use the wide-tooth comb to untangle and straighten the hair again.



Preferably do this stage sitting upright with the cape on.

9

**Switch to a mini Bug Buster comb**



Repeat the fine-combing in the rinsed hair to find any missed lice. Poke out lice caught between the teeth with a cocktail stick or nail brush. These lice will dry and become active more quickly than lice bathed in conditioner.



When the hair is louse-free and still wet, switch to the purple Nit Buster. Now that the hair is silky, unsightly shells will comb off comfortably.

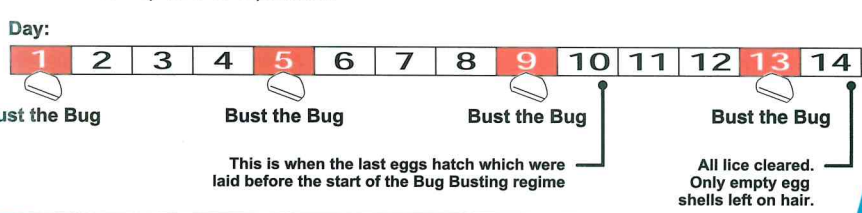
10



Once you know one member of the family has lice, Bug Bust the whole family and close friends. Remember, people can have head lice without itching. So, do not miss anyone out. Carers should Bug Bust themselves last.

11

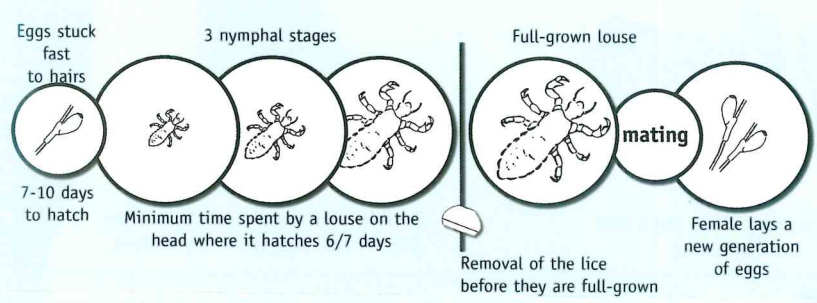
Repeat Bug Busting sessions three more times leaving 3 complete days between Bug Busting days (a total of four sessions over two weeks). This will remove lice hatching from any eggs before they can spread or reproduce.



12

At the 2nd, 3rd and 4th sessions the lice should be between this size: ♀ and this size: ♂ (nymphs). These stages tend to remain on the head where they hatch. If any full-grown lice: ♀ are found, the person has caught lice again and you must continue Busting the Bug twice a week for three more sessions from the time they are found. This is the stage that readily moves between heads (when dry), the females laying eggs as they go.

**How Bug Busting works**



**Systematic Bug Busting breaks the life cycle of the head louse**  
 Lice hatching from eggs after the first session are combed off before they can spread or reproduce. The last lice hatching on day 10 will be combed off on day 13. Check again on day 17 and you should find no lice unless the person has caught lice again.

*People undergoing careful Bug Busting will not pass on lice between sessions, although they can still catch new lice.*

- See **Essential Information** booklet for:
- how to Bust the Bug successfully in long, tight curly, Afro or very short hair
  - common questions answered – myths dispelled
  - how to reduce unsightly eggshells using the purple **Nit Buster!**

For information on the Bug Busting demonstration DVD ring our Help Line or visit [www.nits.net/bugbusting](http://www.nits.net/bugbusting)

When a head is clear, incorporate Bug Busting into a weekly hair wash to keep a reliable check for lice.

Email: [bugbusters2k@yahoo.co.uk](mailto:bugbusters2k@yahoo.co.uk)

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Illustrations: Anne Fry, Design: Aitor Ibarra, Method: Community Hygiene Concern  
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